Frame Running Events and Competitions Scotland 2024

The list below is reflects information to date on 2024 events provided by Scottish Athletics and Clubs. We will continue to update the list as further events are scheduled. Please note that in addition to the national events listed below there are regional and local competitions, contact your local club for information.

To help you identify suitable competitions, competitions are grouped into the following categorisations:

Development Competitions: Open to all Frame Running athletes, both recreational and competitive. From first time competitors to the very experienced, from the very young to the not so young. **Intermediate Competitions**: Open primarily to classified and athletes awaiting classification. Other athletes wishing to enter to contact Pamela Robson, Scottish Athletics.

Performance Competitions: Open to classified athletes. Athletes awaiting classification wishing to enter to contact Pamela Robson, Scottish Athletics.

The WPA column below denotes World Para Athletics (WPA) recognised ranking events.

| Development Competitions | | | | | | |
|--------------------------|-----|---|------------------------|--|--|--|
| Date | Day | Event | Location | | | |
| May 18th | Sat | Pitreavie Frame Running Festival | Pitreavie, Dunfermline | | | |
| Jun 2nd | Sun | Corstorphine AAC Frame Running Competiiton | Saughton, Edinburgh | | | |
| Jun 5 th | Wed | Scottish Disability Sport (SDS) Junior Athletics | Grangemouth | | | |
| Jun 23 rd | Sun | Red Star SC Track & Field Championships | Crownpoint, Glasgow | | | |

| Intermediate Competitions | | | | | |
|---------------------------|-----|---|-------------|--|--|
| Date | Day | Event | Location | | |
| Apr 7 th | Sun | Aberdeen AAC Sprint Open (60m, 300m) | Aberdeen | | |
| Apr 24 th | Wed | Aberdeen AAC Open Graded 1 (200m, 1500m) | Aberdeen | | |
| May 15 th | Wed | Aberdeen AAC Open Graded 2 (100m, 400m) | Aberdeen | | |
| June 1 st | Sat | Scottish Schools Athletics Association Championships | ТВС | | |
| Sept 11th | Wed | Senior SDS Track & Field Championships | Grangemouth | | |

| Performance Competitions | | | | | | |
|--------------------------|-------|--|-------------------|--|--|--|
| Date | Day | Event | Location | | | |
| Apr 27 th – | Sat – | British Athletics Coventry Spring Meeting | Coventry, England | | | |
| 28 th | Sun | | | | | |
| Jul 13 th | Sat | Scottish Athletics Para Championships | Dundee | | | |
| Aug 10 th - | Sat – | Scottish Athletics Age Group Championships | ТВС | | | |
| 11 th | Sun | | | | | |