



FRAME RUNNING SCOTLAND



Wooden Spoon Frame Running Equipment Hub

ENABLING OPPORTUNITY, TRANSITION and GROWTH

The purpose of the equipment hub is to provide timely access to running frames and accessories and in doing so enable clubs and activity groups to remove the most significant barrier to providing opportunity to participate.

The Hub supports:

- Children, young people and adults with limited mobility to access running frames and experience health, wellbeing and social benefits from participation in sport.
- Athletics clubs to introduce Frame Running.
- New clubs and activity groups to form.
- Existing clubs/groups to expand as well as nurture children as they grow and transition through the 7 frame sizes.

The Hub is managed by Frame Running Scotland and provides:

- Loan of Hub equipment free of charge to new and existing clubs/groups enabling time to determine suitability and source own equipment.
- Short term loan of equipment for Come and Try events and/or an individual to try.
- Collaboration between clubs and the Hub - clubs may interchange frames with or through the Hub. A type of “swap shop” enabling different frame sizes to be swapped.
- An inventory tracking database maintained by Frame Running Scotland.

To enquire about using the Hub contact Peter at info@frscotland.org

