

# **About Us**

#### Vision:

Individuals with physical impairment affecting mobility, coordination and balance have the opportunity to benefit from and participate in Frame Running sport and recreation throughout Scotland.

## **Mission:**

- To raise **awareness** of Frame Running across communities and in particular with sport, education and health organisations.
- To increase Frame Running **participation** in recreation and competition across Scotland.
- To **support** the development of Frame Running at international, national, club and individual levels.

### **Objectives:**

- Raise awareness:
  - o Development and maintenance of a website, information hub and social media presence.
  - o Information Brochure introducing Frame Running and promoting the physical, wellbeing, social and health benefits of participation.
  - o Provision of annual "Introduction to Frame Running" course.
- Increase participation in competition and recreation:
  - Cooperation with Scottish Athletics, Scottish Disability Sport and Scottish Schools Athletics Association.
  - Promote para sport days, events, and opportunities.
  - o Provide advice regard impairment complexity to sporting authorities and clubs.
  - Assist sporting authorities and clubs in development activities such as designing recreational activity sessions, delivering "Try Frame Running" sessions and education courses.
  - Enhance competition pathway for development athletes by governing and financing a Frame Running Scotland Development Squad.
- Support the development of Frame Running:
  - *In addition to the above objectives:*
  - Maintain representation on CPISRA International Frame Running Committee.
  - Assist academic research projects both international and domestic.
  - Assist Scottish Athletics and UK Athletics in developing specific Frame Running modules for coaching courses.
  - Develop and provide material from Frame Running Scotland "Introduction to Frame Running" course online to allow clubs and individuals to readily reference.
  - Provide funding grants to help support Scotland international elite athletes and Frame Scotland Development Squad athletes to develop.

## **Committee:**

Graeme Doig Scottish Disibility Sport (SDS) Representative,

CPISRA Frame Running International Committee Member

Gavin Drysdale Athlete Representative

Peter Drysdale Chair

Shona Malcolm Scottish Athletics Representative and Technical

Lauren McAllister Secretary
lan Mirfin Treasurer

Pierette Melville Clubs and Communication Representative

David Phee Coach Representative

Pamela Robson Scottish Athletics Representative and Pathways
Nicola Tennant Classification, Medical and Research Representative