

Frame Running Competition Schedule Scotland 2023

Competition schedule below identifies and categorises national athletics competitions in Scotland which include Frame Running events. Please note that in addition to the national events listed below there are regional and local competitions, contact your local club for information.

To help you identify suitable competitions, competitions are grouped into the following categorisations:

Development Competitions: Open to all Frame Running athletes, both recreational and competitive. From first time competitors to the very experienced, from the very young to the not so young.

Intermediate Competitions: Open primarily to classified and athletes awaiting classification. Other athletes wishing to enter to contact Pamela Robson, Scottish Athletics.

Performance Competitions: Open to classified athletes. Athletes awaiting classification wishing to enter to contact Pamela Robson, Scottish Athletics.

The WPA column below denotes World Para Athletics (WPA) recognised ranking events.

The attached Development and Competitive Pathways diagram provides an overview of the pathways available to Scottish Frame Running athletes.

Development Competitions				
Date	Day	Event	Location	WPA
May 20th	Sat	Pitreavie Frame Running Festival	Pitreavie, Dunfermline	
July 16th	Sun	Forth Valley Flyers Championships	Grangemouth	
Sep tbc	Sat	Perth Open Championships	Perth	

Intermediate Competitions				
Date	Day	Event	Location	WPA
May 12 th – 14th	Fri, Sat or Sun	4J Studios SA District Championship Series - Open	Frame Running - Kilmarnock	√
June 7th	Weds	Junior SDS Track & Field Championships	Grangemouth	
June tbc	Wed 6pm-9pm	GAA Sprint Gala 2 (100m, 200m)	Scotstoun, Glasgow	tbc
July 8 th – 9th	Sat, Sun	4J Studios SA Para Success	Grangemouth	√
July 22nd	Sat	GAA Sprint Gala 3	Scotstoun, Glasgow	tbc
Sept 13th	Wed	Senior SDS Track & Field Championships	Grangemouth	tbc
Sep 5 th	Tues	Falkirk Victoria Harriers Open Grade	Grangemouth	

Performance Competitions				
Date	Day	Event	Location	WPA
Aug 12 th – 13th	Sat–Sun	4J Studios Scottish Championships	Grangemouth	√

Selection of England 2023 Competitions

Intermediate Competitions				
Date	Day	Event	Location	WPA
Apr 15 th – 16 th April	Sat–Sun	Coventry Spring Meeting	Coventry, England	√
Apr 29 th – May 1 st	Sat–Mon	BUCS Track & Field Championships	Bedford, England	√
May 27 th	Sat	BMC Grand Prix 1	Manchester, England	√
Jun 10 th	Sat	BMC Grand Prix 2	Loughborough, England	√
Jul 1 st	Sat	BMC Grand Prix 3	Watford, England	√
Jul 29 th	Sat	BMC Grand Prix 4	Birmingham, England	√
Aug tbc	Sat	BMC Grand Prix 5	tbc	√
Aug tbc	Sat, Sun	Tartan Games	Gateshead, England	
Sep tbc	Sat	CP Sport National Championship	tbc	tbc

Performance Competitions				
Date	Day	Event	Location	WPA
May 21 st	Sun	Loughborough International	Loughborough, England	√
Jul 22 nd – 23 rd	Sat–Sun	England Athletics Senior and Disability Championships	Chelmsford	√
Jul 8 th – 9 th	Fri-Sun	UK Athletics Championships	TBC	√

Selection of International 2023 Competitions

Intermediate Competitions				
Date	Day	Event	Location	WPA
July 19 th – 26 th		CPISRA International Frame Running Camp & Cup	Copenhagen, Denmark	√
Dec 1 st – 9 th	Fri – Sat	IWAS and CPIRSA World Games	Nakhon Ratchasima, Thailand	√

Performance Competitions				
Date	Day	Event	Location	WPA
All Year		WPA Grand Prix Competitions	Various – refer WPA website	√
July 8 th – 17 th	Wed-Tue	WPA World Championships	Paris, France	√